The Beach House Prawn Pil Pil

Serves 4 as a big sharing bowl | Allow 40 minutes | An easy authentic show stopper at home!



Ingredients

1 pack of cherry	tomatoes cut into halves
100 (.1

- \square 100 ml of olive oil
- □ 3 red small guindilla chillis, stalks removed (or more depending on taste)
- \square 15 cloves of garlic
- \Box 15 g of sweet paprika powder
- \Box 15 g of chopped fresh parsley
- \Box 5 g of fresh tarragon (or dried if it's all you have)
- □ 5 g of sea salt
- ☐ 3 g of ground black pepper
- \square 1 tablespoon of tomato puree
- $\ \square$ 20 king prawns, peeled, deveined, tails removed



Method

- 1. Roast the cherry tomatoes in a preheated oven at 190°C with a drizzle of olive oil until they go soft
- 2. Add 8 of the cloves of garlic and 50 ml (half) of the olive oil to a deep pan on a high heat, bring to the boil then turn off and leave to cool
- 3. To a blender jug add; the rest of the olive oil, the remaining garlic, the salt, pepper, tarragon, chili, sweet paprika, parsley and tomato puree
- 4. Blend to smooth pil pil paste
- 5. Strain the garlic confit you prepared earlier and add the infused oil to your smooth paste and blend again
- 6. Put a pan (preferably quite deep and non-stick) on a medium heat on the stove and bring up to temperature
- 7. Add your pil pil paste, if it looks a little thick you can thin it out at this point with more olive oil
- 8. Once the mixture starts to bubble carefully add your prawns a couple at a time to prevent the oil spitting
- 9. Make sure the prawns get well coated turning them occasionally to ensure even cooking.
- 10. Once you are happy that your prawns are cooked through, stir in your confit tomatoes and garlic from earlier.
- 11. The dish can be enjoyed directly from the pan or transferred to a serving dish. Either way you need to be very careful as the oil will be extremely hot
- 12. Serve with freshly baked bread remembering to save a piece until the end for mopping up!

